

Active Leaders  
**TOGETHER FCCLA**  
 Stronger Healthy **WE** Family  
 Ready **ARE...**

*Kentucky heads for the gold at the National Leadership Conference*

This year the National Leadership Conference for Family, Career, and Community Leaders of America was held in sunny San Diego, California! With over 8,500 FCCLA students in attendance, members spent the week of July 3rd-7th running red through California.



This year's NLC theme was "Empower, MePower" to show students how empowering others empowers ourselves! Theme presentations were presented by the National Officers and keynote speaker Josh Shipp spoke at the opening general session.

Kentucky was represented with 7 state officers and 192 members in the

KY delegation for attendance. Three of our state officers, Sidney Darnell (VP Finance), Cameron French (VP Membership), and Lauren Tyree (VP Parliamentary Law), along with one member from South Oldham High School (Lucy Ray), had the opportunity to serve as the National Voting delegates where they had the chance to vote on national officers for the 2016-2017 NEC, as well as vote on the bylaw change proposal which was postponed indefinitely.

Many students competed in STAR Events in San Diego. Kentucky was pleased to have 9 bronze winners, 38 silver winners, and 45 gold winners. We are so proud of all of our winners!

While at the conference, 2 of the KY state officers (Anna Moore, VP Public Relations, and Aletha Thomas, VP Peer Education) participated in the Teen Safety in Action: Road Safety Workshop where they went out into the streets of San Diego to analyze the behavior of drivers and pedestrians

and note the dangers of distracted driving and jaywalking. Several Kentucky FCCLA members also participated in the Run4Red 5K Fun Run/Walk held in downtown San Diego. The 5K was a great way to get active, meet other members, and promote FCCLA!

Kentucky was proud to be able to represent our state at the 2016 National Leadership Conference.

Kentucky FCCLA members have the next opportunity to show the bluegrass at the 2016 National Cluster Meetings. The two locations for NCM this year are Denver, CO (November 4-6) and Orlando, FL (November 18-20). The theme for NCM this year is “UP: Unlimited Possibilities”.

**UP** **unlimited**  
**Possibilities**



# Mark Your Calendars!

| February 2017 |        |         |           |          |        |          |
|---------------|--------|---------|-----------|----------|--------|----------|
| Sunday        | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|               |        |         | 1         | 2        | 3      | 4        |
| 5             | 6      | 7       | 8         | 9        | 10     | 11       |
| 12            | 13     | 14      | 15        | 16       | 17     | 18       |
| 19            | 20     | 21      | 22        | 23       | 24     | 25       |
| 26            | 27     | 28      |           |          |        |          |

FCCLA Week!

## Suggested Activities for FCCLA Week!

- Monday Media Blitz
- Tuesday at the Table
- Grant A Wish Wednesday
- Thoughtful Thursday
- FCCLA Friday

| March 2017 |        |         |           |          |        |          |
|------------|--------|---------|-----------|----------|--------|----------|
| Sunday     | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|            |        |         | 1         | 2        | 3      | 4        |
| 5          | 6      | 7       | 8         | 9        | 10     | 11       |
| 12         | 13     | 14      | 15        | 16       | 17     | 18       |
| 19         | 20     | 21      | 22        | 23       | 24     | 25       |
| 26         | 27     | 28      | 29        | 30       | 31     |          |

2017 State Convention



## For Middle School



Western Kentucky University Attendees



University of Kentucky Attendees

## Chapter and Member Spotlight



Mason County High School FCCLA members held their annual Think Pink game on Friday, October 28, 2016 to raise money for Cancer Fighters United.

## Red Jacket Swag



Katya Kovatesenko, junior at South Oldham High School, earned the June Red Jacket Award by typing two short prompts about why she wanted the jacket and how FCCLA has impacted her life. When she was informed that she had won the blazer, she said she was “excited because I could represent FCCLA in its finest attire.” She looks forward to wearing the jacket when she runs for a state office this year.

## Program of Work Impact Project

Marshall County FCCLA is working with the autism awareness group, Families on the Spectrum, as part of their Impact Project for the year. The members recently helped to set up, clean, and paint their new office in Calvert City. Top Right —Brooke Ritter and Rhiannon Reed. Bottom Right—Haley Ford, Keaton Conner, and Abby Henson.





This summer, Jackie Foster had the opportunity to participate in the FCCLA/Kikkomann Japanese Exchange Program. Through this program, awarded to Jackie through a scholarship, he stayed with a carefully selected host family for 6 weeks in Japan. Throughout his time there, he attended school where he played on the volleyball team. In his free time, he met up with his American friends that went to the same school as he did, where they

would go to Odaiba and paddleboard. Jackie also loved to spend time with his host family. His host mom was “such a good cook and was hilarious,” Jackie said. His host brother and sister “were really nice and taught me a lot about Japan,” and Jackie says they have become some of his best friends. Throughout his time in Japan he learned a great amount about the Japanese culture, and he is “forever grateful for this opportunity.”





## Japanese Exchange information:



To apply for the Japanese Exchange Scholarship, the applicant's birthday must fall between April 2, 2000 and April 1, 2002. Students who do not meet this age requirement will be considered for admission on a case-by-case basis. The date range for this program is mid-June and returning late July 2017. Students are not allowed to arrive late or plan to leave early. Please note that these program dates can be subject to change. The scholarship application is located on the [Youth For Understanding - USA website](#)

You may submit the application electronically. Any necessary supplemental forms can be mailed to YFU directly at the address below:

**Youth For Understanding - USA**  
 641 S Street NW, Suite 200  
 Washington, DC 20001  
 fax: (240) 235-2174

**Application Deadline: December 1, 2016**

\*\*Please note, all applicants must be affiliated by December 1, 2016.\*\*



## Kentucky Represented at the National Level

Ms. Angela Gott, Family and Consumer Sciences teacher at Allen County Scottsville High School will be serving the next 3 years on the National FCCLA Board of Directors as a Comprehensive Adviser. She recently attended the first meeting in Washington D.C. The Board is the legal governing body of the FCCLA and its primary function is to set policy related to program, personnel and fiscal matters and to be responsible for sound management. The board receives and acts upon the recommendations of the executive director relative to the management of personnel, program and fiscal matters. Angela is serving on the Communication and Membership board committee this year.

# Participants from

## Kentucky said:

642 students completed 340 projects, reaching approximately 107,235 people

### Why did we compete in STAR Events?

Participants from Kentucky joined nearly 23,000 students from across the country in STAR Events. Students reported participating to increase leadership skills, to apply college and career-readiness skills to future goals, to meet personal, school, or community needs, and to learn and have fun!

### How useful are STAR Events for my future?

Kentucky students reported, along with 90% of all national participants, that these events are very or extremely useful as they prepare for future experiences.



### Top skills we develop through FCCLA:

- |                                 |                                 |
|---------------------------------|---------------------------------|
| Leadership                      | Creativity                      |
| Public Speaking/Communication   | Responsibility/ Time Management |
| Self Confidence                 | Decision Making/Problem Solving |
| Teamwork                        | Working with Adults             |
| Awareness of Community or World | Professionalism and Integrity   |
| Conflict Resolution and Respect | Specific Career Skills          |
|                                 | Technology and STEM Skills      |

*These skills align with the Employability Skills Framework – skills required to be college and career ready - and support FCCLA’s mission to promote personal growth and leadership development through Family and Consumer Sciences education.*



# How do STAR Events

impact students in your state?



Unlimited Possibilities

During the 2016-2017 school year FCCLA is using the theme “Unlimited Possibilities” to encourage students to explore career opportunities, develop leadership skills, and grow personally while making a difference in their family and community. By participating in STAR Events, students are proving that with FCCLA, there are unlimited possibilities!



STAR Events (*Students Taking Action with Recognition*) is a program of Family, Career and Community Leaders of America (FCCLA) that builds student’s leadership and career-

related skills at the local, regional, state, and national levels.

# IN CASE YOU FORGOT...

## The 2016-2017 State goals are as followed:

- 1.) Raise \$75,000.00 for the statewide community service project, Pennies for Patients. The chapter that raises the most money will be able to throw a pie in Ms. Reeca Carver and Ms. Kayla Godbey's faces. If we meet our goal former State officer, Kendall Gott, will shave her head on stage.
- 2.) Increase statewide membership to 5,250 affiliated members.
- 3.) Increase participation in degree programs and/or Power of One.
- 4.) Increase Honor Roll participation to 50 chapters. Chapters that participate will receive VIP seating at the banquet based on Honor Roll participation and ranking.
- 5.) Increase chapter donations towards scholarship fund.
- 6.) Increase participation in competitive events.

## Note from State Adviser, Reeca Carver:

I challenge your chapter to achieve these goals and find "Unlimited Possibilities" in KY FCCLA for you to grow as a family member and leader in your school and community. Have a great school year!

# OFFICER SPOTLIGHT!





**Aletha Ruth Thomas (VP Peer Education)**

**Grade: 12<sup>th</sup>**

**Region: Region 9**

**Hobbies:** Basketball, volleyball, softball, modeling/acting, pageants, helping others.

**Career Goal:** Registered Nurse

**Favorite food:** Salmon

**Favorite quote:** "I can do all things through Christ who strengthens me." - Philippians 4:13



**Cameron Davis French (VP Membership)**

**Grade: 12<sup>th</sup>**

**Region: Region 12**

**Hobbies:** Cheerleading, Politics, and watching the Kentucky Wildcats

**Career Goal:** Political Analyst and one day run for Governor of Kentucky

**Favorite food:** fried rice and bourbon chicken

**Favorite quote:** "Every moment wasted looking back, keeps us from moving forward."- Hillary Clinton



**Emily Beth Toombs (VP Individual Programs)**

**Grade: 12<sup>th</sup>**

**Region: Region 9**

**Hobbies:** Orchestra, musical, Netflix, helping people, hanging out with my friends

**Career goal:** Criminal Investigator or an FCS teacher

**Favorite food:** Ice cream

**Favorite quote:** "It's a beautiful day to save lives." -Derek Shepherd



**Lauren Marae Tyree (VP Parliamentary Law) Grade: 12<sup>th</sup>    Region: Region 4**

**Hobbies:** Swimming, being a lifeguard, and spending time with my family

**Career goal:** FCS teacher

**Favorite food:** Corn

**Favorite quote:** "You're braver than you believe, stronger than you seem, and smarter than you think." -AA Milne



**Sidney Kathleen Darnell (VP Finance)**

**Grade: 12th      Region: Region 15**

**Hobbies:** FCCLA, FCCLA, and FCCLA

**Career Goal:** I want to find a career in which I'm constantly helping people

**Favorite food:** Sushi

**Favorite Quote:** "Not bad for a girl with no talent." -Kim Kardashian